

2017 Flex Program Reverse Site Visit

July 19-20 | Bethesda, Maryland



Leading Transitions to Value

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Learning Objectives

- ♣ Discover ways to communicate the value of your state Flex Program
- ♣ Understand the future direction of the national Flex Program and the transition to value
- ♣ Identify opportunities to implement best practices and lessons learned by critical access hospitals and state Flex Programs in supporting performance improvement in all Flex Program areas
- ♣ Strengthen the leadership of your state Flex Program in the Core Competencies for State Flex Program Excellence, including Managing the Flex Program

Access presentations at:

<https://goo.gl/dMx0s8>



- < 1 year
- 1-3 years
- 4-6 years
- 7+ years

Connect with Your Peers

The colored stickers on the name badges denote how many years individuals have been involved with the Flex Program.

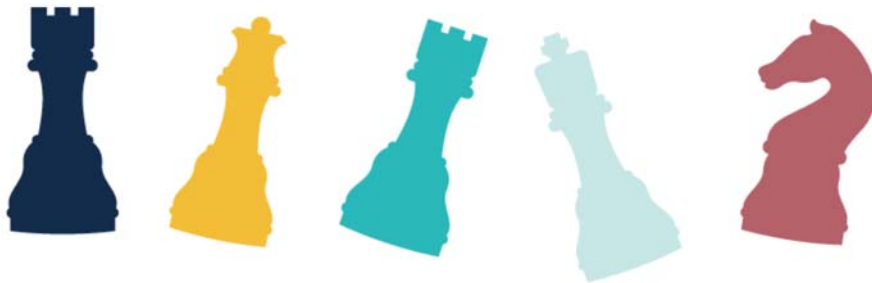
Welcome!

2017 Flex Program Reverse Site Visit

The 2017 Flex Program Reverse Site Visit is an opportunity for state Flex Program grantees to convene and share information about the Medicare Rural Hospital Flexibility (Flex) Program and critical access hospitals (CAHs). We will focus on the latest information in the Flex Program, including discussion of how delivering value in health care will impact CAHs. States will share stories of their Flex Program experiences and successes. This year's event highlights leadership in the transition to value, an overview of antibiotic stewardship from the Centers for Disease Control and Prevention, and innovative Flex Program activities.

Registration

Registration and check-in will open at 8:00 a.m. each day of the conference outside of Regency III/IV.



Wednesday, July 19



8:30 - 8:45 a.m. | Health Resources & Services Administration Welcome

Room: Regency III/IV

George Sigounas, MS, PhD, Administrator, Health Resources and Services Administration, U.S. Department of Health & Human Services

8:45 - 9:15 a.m. | The Future of the National Flex Program

Room: Regency III/IV

Sarah Young, MPH, Flex Program Coordinator, Federal Office of Rural Health Policy, Health Resources and Services Administration

- ♣ Understand the direction of the national Flex Program.
- ♣ Review data collection and performance reporting requirements to move the Flex Program to documenting national outcomes, impact and value.

9:15 - 10:15 a.m. | Keynote: Leading the Transition to Value

Room: Regency III/IV

Scott Wordelman, FACHE, Senior Vice President, AOSC Master Campus Plan/Delivery and Support Services, Hennepin County Medical Center

- ♣ Understand the role of the Flex Program in rural health innovation.
- ♣ Discover the importance of rural hospital leadership in the transition to value.

15-Minute Break

10:30 - 11:30 a.m. | Federal Critical Access Hospital (CAH) Policy and Regulatory Update

Room: Regency III/IV

Wakina Scott, MPH, PhD, Policy Coordinator, Federal Office of Rural Health Policy, Health Resources and Services Administration

Maggie Elehwany, JD, Vice President for Government Affairs and Policy, National Rural Health Association

John Supplitt, MPA, MBA, Senior Director, American Hospital Association

- ♣ Learn the current state of health care policy and regulations for CAHs in the transition to value.

Networking Lunch

Connect with Your Peers | 11:30 a.m. - 1:00 p.m.

Lunch is on your own, but you don't have to eat alone! Network with your peers in the following **regional** group lunch discussions. Please meet in the registration area to gather before heading to your lunch destination.

♣ Region A

♣ Region B

♣ Region C

♣ Region D

♣ Region E

1:00 - 1:45 p.m. | Hospital-Acquired Infections (HAIs) and Antibiotic Stewardship

Room: Regency III/IV

Denise Cardo, MD, Director of the Division of Healthcare Quality Promotion, Centers for Disease Control and Prevention

Yvonne Chow, MPP, Public Health Analyst, Flex Program Officer, Federal Office of Rural Health Policy, Health Resources and Services Administration

- ♣ Learn about Medicare Beneficiary Quality Improvement Project (MBQIP) measures regarding HAIs and initiatives for antibiotic stewardship.

1:45 - 2:30 p.m. | Financial Improvement for CAHs

Room: Regency III/IV

Karen Madden, MA, State Office of Rural Health Director, New York Flex Program

Matt Mendez, MHA, Senior Consultant, Stroudwater Associates

- ♣ Explore the current status and new initiatives in CAH finance and operations.
- ♣ Discover an example of financial and operational Flex Program activities to improve CAH performance.

15-Minute Break



Schedule Continued...

2:45 - 3:30 p.m. | Breakout Sessions

Please select one of the following sessions.



1 Addressing CAH Turnover - MBQIP Orientation Strategies

Room: Regency III/IV

Karla Weng, MPH, CPHQ, Senior Program Manager, Rural Quality Improvement Technical Assistance, Stratis Health

Jody Ward, MS, RN, APHN, Senior Flex Project Coordinator, North Dakota Flex Program

- ▲ Learn from a state Flex Program about tracking and providing MBQIP orientation for new CAH staff as a strategy to address the challenges faced in quality reporting and improvement with CAH staff turn-over.
- ▲ Discuss options for orientation processes and identify key MBQIP materials for new CAH staff.

2 Maximizing CAH Swing Beds in Bundled Payment Programs to Demonstrate Value

Room: Cabinet Suite

Leslie Marsh, MBA, MHP, CEO, Lexington Regional Health Center

Ira Moscovice, PhD, Mayo Clinic Professor and Director of the Rural Health Research Center, University of Minnesota, Flex Monitoring Team

- ▲ Learn about CAH initiatives to demonstrate the value of swing beds in bundled payments.
- ▲ Discuss the importance of quality measurement among swing bed services.

3 CAH and Federally Qualified Health Center (FQHC) Collaborations

Room: Judiciary Suite

Alana Knudson, PhD, EdM, Principal Research Scientist, Walsh Center for Rural Health Analysis, NORC, University of Chicago

Darrold Bertsch, CEO, Sakakawea Medical Center & Coal Country Community Health Center

- ▲ Discover the findings from a review of CAH and FQHC collaborations.
- ▲ Learn about a unique CAH and FQHC collaboration in a frontier area.
- ▲ Discuss the technical assistance that Flex Programs can provide to CAHs and communities to support collaboration.

3:40 - 4:25 p.m. | Breakout Sessions

Please select one of the following sessions.

1 Critical Access Hospital Measurement & Performance Assessment System (CAHMPAS)

Room: Regency III/IV

Kristin Reiter, PhD, Research Fellow, North Carolina Rural Health Research Program, Cecil G. Sheps Center for Health Services Research, Flex Monitoring Team

Bryna Koch, MPH, Special Projects Coordinator, Arizona Flex Program

- ♣ Discuss available data in CAHMPAS and future CAHMPAS development plans.
- ♣ Learn a state Flex Program approach to utilizing CAHMPAS to inform program activities.

2 CAH Leadership Development Strategies

Room: Cabinet Suite

Kayla Combs, MHA, Rural Project Manager/Flex Director, Kentucky Flex Program

Andy Fosmire, MS, Vice President for Rural Health, Oklahoma Hospital Association

- ♣ Discover multiple approaches to support leadership development in CAHs.
- ♣ Learn about the implementation and results of Flex Program-led initiatives strengthening leadership for improved outcomes.

3 The Vulnerable Hospitals Toolkit

Room: Judiciary Suite

Teryl Eisinger, MHA, Executive Director National Organization of State Offices of Rural Health

Melinda Merrell, MPH, Senior Program Director, South Carolina Flex Program

Cathleen McElligott, MS, State Office of Rural Health Director, Massachusetts Flex Program

- ♣ Develop knowledge of a toolkit designed to assist state offices of rural health when working with vulnerable hospitals and communities.
- ♣ Discover how two states provided technical assistance to hospitals and communities using the toolkit.



Schedule Continued...

4:35 - 5:05 p.m. | **MBQIP: Looking Back and Forward**

Room: **Regency III/IV**

Yvonne Chow, MPP, Public Health Analyst, Flex Program Officer, Federal Office of Rural Health Policy, Health Resources and Services Administration

Karla Weng, MPH, CPHQ, Senior Program Manager, Rural Quality Improvement Technical Assistance, Stratis Health

- ♣ Hear an update on the future of MBQIP.

5:05 - 5:30 p.m. | **Federal Office of Rural Health Policy Day One
Wrap-Up and MBQIP Awards**

Room: **Regency III/IV**

Sarah Young, MPH, Flex Program Coordinator, Federal Office of Rural Health Policy, Health Resources and Services Administration

Yvonne Chow, MPP, Public Health Analyst, Flex Program Officer, Federal Office of Rural Health Policy, Health Resources and Services Administration

Optional Networking

Connect with Your Peers - Chat with your Project Officer

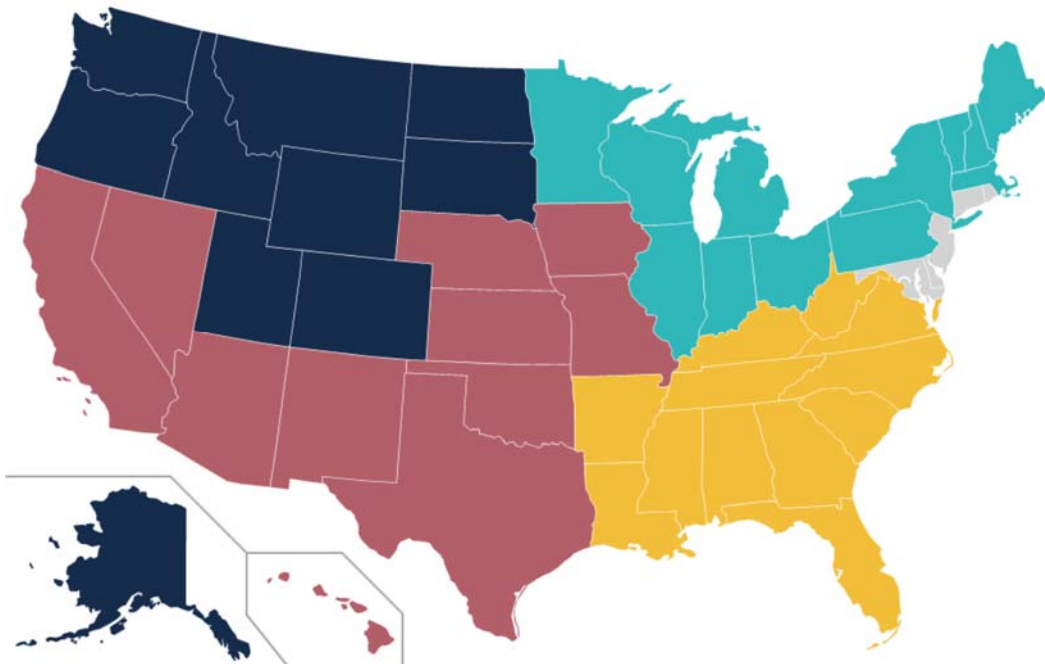
Project Officers from the Federal Office of Rural Health Policy will be available for group conversations with state Flex Program personnel in **Regency III/IV** prior to the opening session on **Thursday, July 20, from 7:30 a.m. - 8:30 a.m.** The sign-up for these conversations was available in the online registration.

Sarah Young

MPH, Flex Program Coordinator

Yvonne Chow

MPP, MBQIP Coordinator



Owmy Bouloute

MPH, Flex Monitoring Team Program Coordinator

Christy Edwards

MPH, Flex EMS Lead

Thursday, July 20



8:30 - 8:45 a.m. | **Federal Office of Rural Health Policy Welcome**

Room: Regency III/IV

8:45 - 9:15 a.m. | **Managing the Financials in the Flex Grant**

Room: Regency III/IV

Brad Barney, MPA, Chief, HIV/AIDS and Rural Health Branch, Division of Grants Management Operations, Office of Financial Assistance Management, Health Resources and Services Administration

- ♣ Learn about the key financial strategies of managing the state Flex grant.
- ♣ Discover how to utilize the information and resources available from HRSA Grants Management.

9:15 - 10:15 a.m. | **State Flex Program Activities Aiding in the Transition to Value-based Models**

Room: Regency III/IV

John Gale, MS, Research Associate, University of Southern Maine, Flex Monitoring Team

Larry Baronner, M.Ed, MA, Rural Health Systems Manager, Deputy Director, Pennsylvania Flex Program

Pat Justis, MA, State Office of Rural Health Executive Director, Washington Flex Program

- ♣ Understand the value-based models that apply to CAHs and how rural can participate in the transition to value.
- ♣ Consider opportunities for Flex Program participation in innovative models of care.

15-Minute Break

10:30 - 11:30 a.m. | Breakout Sessions

Please select one of the following sessions.

1 Program Assessment - Establishing Measurable Outcomes

Room: Regency III/IV

Penny Black, MS, PhD, Rural Health Epidemiologist, Wisconsin Flex Program

Nicole Breton, RDH, Rural Health Program Manager, Maine Flex Program

John Gale, MS, Research Associate, University of Southern Maine, Flex Monitoring Team

- ♣ Learn about assessments implemented by state Flex Programs to track outcomes and demonstrate the impact of Flex Program activities.
- ♣ Discover measures from the Flex Monitoring Team and CAHMPAS that can be built into program assessments.

2 Tools and Strategies for Building Capacity for Rural Emergency Medical Services (EMS)

Room: Cabinet Suite

John Eich, State Office of Rural Health Director, Wisconsin Flex Program

Lindy Vincent, Rural Hospital Program Manager, Washington Flex Program

- ♣ Explore the purpose and process of a statewide EMS assessment and how its results are used to develop Flex Program activities.
- ♣ Learn about a program to create a culture connecting health care professionals across the system of care to improve stroke outcomes through awareness, care improvement and measuring performance.

3 Using MBQIP Data for Improvement

Room: Judiciary Suite

Laura Grangaard Johnson, MPH, Research Analyst, Rural Quality Improvement Technical Assistance, Stratis Health

Jay Kennedy, MHA, Rural Hospital Program Manager, North Carolina Flex Program

Debbie Hunter, MBA, Performance Improvement Specialist, North Carolina Hospital Association

- ♣ See and participate in a demonstration of data tools designed for use with MBQIP Data Reports.
- ♣ Discover how a state Flex Program is evaluating and using MBQIP data.

 Schedule Continued...

Networking Lunch

Connect with Your Peers | 11:30 a.m. - 1:00 p.m.

Lunch is on your own, but you don't have to eat alone! Network with your peers in the following **optional** group lunch discussions. These discussion topics were reflected in the online registration. Lunch locations will be announced at the check-in table. Please meet in the registration area to gather before heading to your lunch destination.

- ♣ Identifying Flex Program Activities from State-Level Findings in Community Health Needs Assessments
- ♣ Transition to Value
- ♣ Takeaways from the Leadership Keynote Speaker
- ♣ Flex Program Partnerships: Sharing Strategies for Success
- ♣ Population Health Data and What to Do With It

1:00 - 1:45 p.m. | Breakout Sessions

Please select one of the following sessions.

1 State Flex Program Approaches to the Statewide Population Health Assessment

Room: Regency III/IV

Lisa Carhuff, MSN, RN, State Office of Rural Health Hospital Services Director, Georgia Flex Program

Meredith Guardino, MPH, State Office of Rural Health Director of Field Services, Oregon Flex Program

- ♣ Learn about state Flex Program approaches using a dashboard and population health assessment to improve the health of their rural populations.

2 Rural Provider Engagement Strategies

Room: Cabinet Suite

Dave Schmitz, MD, Professor and Chair, Department of Family & Community Medicine, University of North Dakota

John Barnas, State Center for Rural Health Executive Director, Michigan Flex Program

- ♣ Learn key strategies and resources from rural health care providers and program leaders to strengthen leadership in CAHs for improved outcomes.

3 Rural Use of Telehealth

Room: Judiciary Suite

Kathy Wibberly, PhD, Director, Mid-Atlantic Telehealth Resource Center

Shellie Smith, MLS, MBA, Flex Coordinator, Alaska Flex Program

- ♣ Gain insight into how telehealth increases access to health care in rural communities.
- ♣ Discuss some of the technology solutions and resources that can be used to provide telehealth services.

15-Minute Break



Schedule Continued...

2:00 - 2:30 p.m. | **National Rural EMS Update**

Room: Regency III/IV

Christy Edwards, MPH, Project Officer, Federal Office of Rural Health Policy, Health Resources and Services Administration

Kevin McGinnis, MPS, Rural EMS Program Manager, National Association of State EMS Officials

- ♠ Discover national initiatives and recent federal policy for rural emergency services.

2:30 - 3:00 p.m. | **Engaging Hospitals in Population Health Improvement**

Room: Regency III/IV

Terry Hill, MPA, Senior Advisor for Rural Health Leadership and Policy, National Rural Health Resource Center

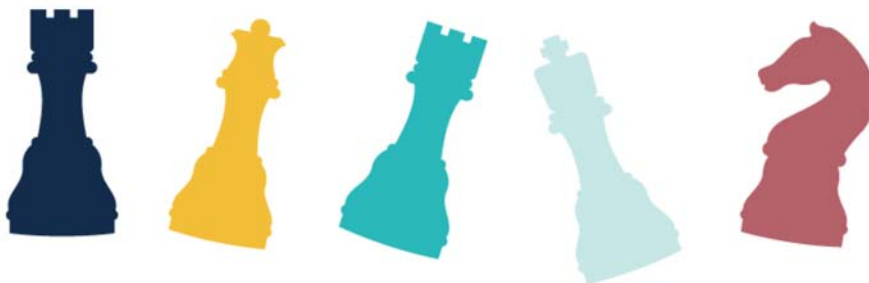
- ♠ Identify opportunities for CAHs to engage in population health strategies in the transition to value.
- ♠ Discover key population health strategies for CAHs and how state Flex Programs can provide the needed support and technical assistance.

3:00 - 3:30 p.m. | **Federal Office of Rural Health Policy Conference
Wrap-Up and Conclusions**

Room: Regency III/IV

Sarah Young, MPH, Flex Program Coordinator, Federal Office of Rural Health Policy, Health Resources and Services Administration

Tracy Morton, MPH, Senior Program Manager, National Rural Health Resource Center



Thank you for attending the 2017 Flex Program Reverse Site Visit!

A special thank you to the
Planning Committee
for their excellent work,
insight and guidance.

Planning Committee

Crystal Barter, Michigan

Nicole Breton, Maine

Jill Bullock, Arizona

Scott Daniels, Hawaii

Joyce Hospodar, Arizona

Leslie Marsh, Nebraska

Kathryn Miller, Wisconsin

Shellie Smith, Alaska

Susan Triggs, Virginia

Jody Ward, North Dakota

Gary Wingrove, The Paramedic Foundation

Alex Evenson, Flex Monitoring Team

Marilyn Grafstrom, formerly Stratis Health